

## Larkin Poe “Blood Harmony”

### Track by track

#### ALBUM BLURB

*“When steering by your own stars, you never quite know where you’re gonna wind up. Our true north is unique to us, and in following our true north without compromise, we have been out freewheeling this world on the ride of our lives. And it still feels like just the beginning. ‘Blood Harmony’ is a creative step we are proud to have taken together as sisters. We grew these songs in a sweet part of our hearts and we hope they bring beauty.”*

#### DEEP STAYS DOWN

Megan: *“One of my favorite moments on the album is “Deep Stays Down” — this song starts as a whisper and ends in a scream; it’s an exercise in extremes.”*

#### BAD SPELL

Rebecca: *“The first time I heard “I Put A Spell on You” by Screamin’ Jay Hawkins I was bewitched and wrote “Bad Spell” as a rock n roll response. We want this song to burn rubber and break speed limits — come along for the ride.”*

#### GEORGIA OFF MY MIND

Rebecca: *“Writing this song with my husband Tyler Bryant was a thrill. Some songs really make you work for them, but “Georgia Off My Mind” flew into the house one night while we were jamming together at the kitchen table and I feel lucky that we were tuned in and ready to pull it down out of the ether. We wanted to replicate the spontaneity of the song’s conception in the studio — the production is barebones and all soul.”*

#### STRIKE GOLD

Megan: *“After 17 years of slow-burning in bands out on the road, this song feels emotionally anthemic. Shoutout to all the good souls out there who keep showing up for their dreams, even when the goin’ gets tough.”*

#### SOUTHERN COMFORT

Rebecca: *“Growing up in Tennessee and Georgia shaped my sister and myself in so many beautiful ways and, as an adult now, I feel grateful to reflect on that childhood and to call Nashville home. I loved writing this song and being able to carry the good with the bad, and still share southern hospitality, southern comfort, with all the sweet souls we encounter on our travels around the world feels empowering.”*

### BOLT CUTTERS & THE FAMILY NAME

Megan: “Recording “Bolt Cutters & The Family Name” was flying by the seat of our pants into a knock-down-drag-out party. We had nothing mapped out ahead of time and decided to just start jamming in the studio with Tyler Bryant on a kick drum and Rebecca and myself on a couple of guitars — we laid into it like there was no tomorrow and the track magically came together.”

### BLOOD HARMONY

Rebecca: “I wrote this song after having a really meaningful conversation on the phone with my Mother about the strangeness and beauty of the human experience. Of all the songs I’ve ever written, I’m particularly proud of this one; I cannot wait to sing it loudly with all of our chosen family out on the road.”

### KICK THE BLUES

Rebecca: “I have a penchant for writing tongue twisters and this song absolutely takes the cake! “Kick The Blues” is sassy and fun-loving; I can’t wait to rock it out with a live audience.”

### MIGHT AS WELL BE ME

Megan: “Listening to Rebecca track the vocal for this song live in studio was heart-rending! We’ve been performing “Might As Well Be Me” out on the road for the past few years — it’s definitely become a fan favorite — and we are so excited to finally be releasing an official version of such a beautiful song.”

### SUMMERTIME SUNSET

Rebecca: “Megan and I co-wrote “Summertime Sunset” right around the time we were touring extensively with Bob Seger in the USA. We were hyped-up to be on the tour playing arenas, and I distinctly remember finishing the lyrics for this song backstage in our greenroom at a sold-out show in our original hometown of Atlanta. “Summertime Sunset” has travelled with us through thick and thin and it feels really good to finally be releasing an official version.”

### LIPS AS COLD AS DIAMOND

Rebecca: “It’s what I like to call: “a good old-fashioned story-blues.” I was feeling dark one day, sat down with my guitar and spilled this song straight onto the page. When Megan dug out my work-tape for “Lips As Cold As Diamond” and suggested that we consider recording it for the album, I was pumped.”